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# Generation of an intensity-balanced optical pulse couple based on silica planar lightwave circuit

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**Abstract**: To make the pulse couple balanced, an asymmetric Mach-Zehnder interferometer (AMZI) with a tunable directional coupler (DC) of a silica-based planar lightwave circuit (PLC) technology was proposed. The simulation results show that the DC tuning effect is better when the refractive index of both coupling arms changes independently. When the distance between the electrode and the waveguide core in the coupling zone is 0, the temperature difference between the coupling arms reaches the maximum. The test results of AMZI show that the insertion loss is 2. 05 dB and the delay time is 151. 4 ps. The power ratio of the pulse couple is highly close to one. Our device presents a practical solution to improve the performance of future integrated QKD device.

Key words: asymmetric Mach-Zehnder interferometer, thermal field simulation, quantum key distribution **PACS:** 42. 82. Bq, 42. 82. Et, 03. 67. Hk

# 基于二氧化硅平面光波导的强度均衡的光脉冲对的产生

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摘要:提出了一种基于平面光波导工艺的带有可调定向耦合器的非对称 MZI 结构.模拟结果显示,当定向耦合器的两个耦合臂的折射率独立改变时,定向耦合器的调制效果较好;当调制电极与耦合区的波导间距为0时,两个耦合臂的温度差达到最大.测试得到,AMZI 的插入损耗为2.05 dB,延迟时间为151.4 ps,脉冲对的功率比近似为1.该器件有助于提高集成QKD 器件的性能. 关键 词:非对称 MZI 干涉仪;热场模拟;量子密钥分发

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### Introduction

In recent years, QKD has been developing rapidly which provides an unconditional secure approach to sharing random encryption keys by transmitting single photons<sup>[1-3]</sup>. BB84 protocol<sup>[4-5]</sup> is one of the most widely studied protocols up to the present. An AMZI is indispensable in the generation of a time-bin pulse couple to en-

code or decode the quantum information. Quantum interference has been reported in a free space AMZI configurations<sup>[6]</sup>. However, bulky optics presents weak consistency. Integrated optical circuits<sup>[7]</sup> for quantum communication devices show advances of miniaturization, low cost and reconfigurability. So this paper demonstrates an AMZI based on silica PLC technology.

For the AMZI, an optical delay line with delay time

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 $\Delta t$  in one of the arms defines the path-length asymmetry<sup>[8]</sup>. When a short optical pulse with a width much narrower than  $\Delta t$  is launched into an input port of AMZI, a pair of optical pulses with delay time of  $\Delta t$  are exported on its two output ports. In OKD systems, the two output pulses should have equivalent intensity in order to reduce the QBER and improve the performance of the whole system<sup>[9]</sup>. However, the optical transmission loss is asymmetric for two arms with different length in the AMZI, so one of the couplers in the AMZI should be made slightly asymmetric to compensate for asymmetrical optical transmission loss. One solution is to design asymmetric couplers to match the different losses for the long and short arms<sup>[8]</sup>. It is necessary to do a mass of experiments to obtain balanced optical pulse couple because the optical loss is hard to predict precisely in advance. Another solution is to use a combination of variable optical attenuator (VOA) and AMZI which will increase the size of the device<sup>[3]</sup>. Hence tunable couplers are of great importance in the AMZI. They can also be used to increase design and fabrication tolerances of devices<sup>[10]</sup>. This paper presents an AMZI with tunable directional coupler using the silica-based thermo-optic effect.

#### 1 Theoretical analysis

The schematic diagram of an AMZI is shown in Fig. 1, which can be fabricated using the silica-based PLC technology. The width of the waveguide core is 4  $\mu$ m. The refractive index for the waveguide core and the cladding are taken as 1. 474 49 and 1. 444 7 respectively, at an operating wavelength of 1.55  $\mu$ m. In Fig. 1, the black bold line represents the waveguide core, the green part represents the heating electrode, and the blue part represents the lead electrode. The arm length difference  $\Delta l$  of AMZI can be calculated by the formula

$$\Delta l = c \dot{\Delta t} / n \qquad , \quad (1$$

where c is the velocity of light in vacuum,  $\Delta t$  is the delay time of AMZI, n is the refractive index of the waveguide core. So the  $\Delta l$  of delay time 150 ps-AMZI is 30.52 mm. When an optical pulse with a width much narrower than  $\Delta t$  is launched into an input port of AMZI, a pulse couple with delay time of  $\Delta t$  is exported through an output port. This is because the two arms of AMZI have different length, so that the separated two pulses at the first DC will not interference at the second DC, but will export with delay time of  $\Delta t$ .

Figure 2 shows a schematic of a DC, The coupling zone is the red part which comprises the up and down arm. The separation between the two arms is  $2.0 \ \mu m$ .





Fig. 2 The schematic diagram of the directional coupler 图 2 定向耦合器的结构示意图

The coupling ratio varies with the length of the coupling zone L.

Under the current conditions, the coupling ratio is 3 dB when the length of the coupling zone L is 370 µm. In order to achieve the best tuning effect, we use the Rsoft Photonic Suite to simulate the 3 dB DC under different tuning conditions. The first condition is that the refractive index of both coupling arms changes simultaneously. As shown in Fig. 2, we set the refractive index difference of the red parts are both *delta*+x, then we fix delta as 0. 029 79 and scan x in the simulation. The simulation results are shown in Fig. 3. When x changes from 0 to 0. 000 5, the difference of the insertion loss between two output channels changes from 0. 07 dB to 0. 285 dB.



Fig. 3 The insertion loss of two output channels versus *x* when the refractive index of both coupling arms changes simultaneously 图 3 当耦合臂的折射率同时改变时,两个输出通道的插入损 耗随 *x* 的变化

The second condition is that the refractive index of both coupling arms changes independently. In the simulation, the refractive index difference of the up and down arm of the coupling zone is set as delta+x independently, and then we scan x. The simulation results are shown in Fig. 4. No matter which arm is tuned, when x changes from 0 to 0. 0005, the difference of the insertion loss between the two output channels changes from 0. 07 dB to 0. 59 dB. Note that the insertion loss of channel 2 is always greater than that of channel 1.

Comparing the two tuning conditions, the tuning effect of the second condition is better. In order to make the two coupling arms to be tuned independently, it is necessary to maximize the temperature difference between the two arms by thermo-optic effect. Here we simulate the heat field profile of the waveguide under different situations using the finite element analysis.

The structure diagram used in the simulation is shown in Fig. 5. The thickness of the substrate, the down-cladding and the up-cladding is  $625 \ \mu\text{m}$ ,  $20 \ \mu\text{m}$ ,  $18 \ \mu\text{m}$  respectively. The black parts are the waveguide



Fig.4 The insertion loss of two output channels versus *x* when the refractive index of the two coupling arms change independently (a) when the up arm is tuned, (b) when the down arm is tuned 图4 当耦合臂的折射率分别改变时,两个输出通道的插入损 耗随*x*的变化(a)调节上臂,(b)调节下臂

core in the coupling zone. The height and width of the waveguide core are both 4 µm. The separation between the two arms in the coupling zone is 2 µm. The length of the two arms is 370 µm. The green part is the tuning electrode. The width and thickness of the electrode are 15 µm and 0.3 µm respectively. The electrode material in the simulation is tungsten. The thermal conductivity of tungsten is 174 W/m  $\cdot$  K. The distance between the electrode and the waveguide core is d. In the simulation the heat flow is supplied to the electrode and the temperature of the substrate is set at the room temperature  $22^{\circ}$ C. We monitor the temperature of the two coupling arms when changing the position of the electrode (under different values of d) and supplying different heat flow to the electrode. The simulation results are shown in Fig. 6. When the electrode is at a fixed position, the temperature difference between the two arms increases linearly with the heat flow. Generally, the thermo-optic coefficient of SiO<sub>2</sub> is 1.  $19 \times 10^{-5}$  K<sup>-1</sup>, so the refractive index difference between the two arms increases linearly with the heat flow. The temperature difference between the two arms reaches the maximum when d=0. If we set the temperature difference between the two arms and heat flow as  $\Delta T$  and H, respectively, the fitting curve shows that  $\Delta T=0.077 H$ , provided d=0. The dependency of  $\Delta T$  with respect to d is shown in Fig. 7, under the heat flow of 100 mW.

As shown in Fig. 2, the length of the electrode is the same as that of the coupling zone. The distance between the electrode and the waveguide core is 0. The upelectrode and down-electrode are separately arranged.



Fig. 5 The structure diagram of the coupling zone of the directional coupler in the thermal analysis

图5 在热分析中定向耦合器的耦合区的横截面示意图



Fig. 6 The temperature difference between the two arms versus the heat flow when *d* is different values (unit:  $\mu$ m) 图 6 当 *d* 是不同值时,两个耦合臂之间的温度差随着功耗的变化



Fig. 7 The temperature difference between the two arms versus d when the heat flow is 100 mW

图 7 当功耗是 100 mW 时,两个耦合臂之间的温度差随着 d 的 变化

## 2 Experiment

We use conventional silica-based PLC technology to fabricate our device. This technology consists of thermal oxidation, PECVD deposition, photolithography and ICP etching, Boro-Phospho-Silicate-Glass (BPSG) overcladding deposition and annealing, and so on. First, 1050 °C thermal oxidation is used to form 16  $\mu$ m thick down cladding, Plasma Enhanced Chemical Vapor Deposition (PECVD) is used to form 4  $\mu$ m-thick GeO<sub>2</sub>-SiO<sub>2</sub> core, contact exposure photolithography and ICP etching are used to fulfill pattern transfer. PECVD is used to form 20  $\mu$ m-thick BPSG upper cladding, at last thin film heaters are deposited by means of magnetron sputtering. In order to investigate the effect of the tuning electrode, we firstly fabricated a directional coupler with the coupling zone length of  $370 \ \mu m$ . To tune the coupling ratio, one of the electrodes was connected to a direct-current power supply.

A laser beam with a wavelength 1.55  $\mu$ m and a linewidth of less than 5 MHz is input to the directional coupler, while the two output channels are simultaneously monitored by the dual-channel power meter. We measure the output power of two channels while various voltages are loaded on the electrode. Figure 8 shows the curves of insertion loss versus the tuning current.



Fig. 8 Insertion loss versus the tuning current (a) the up-electrode is tuned, and (b) the down-electrode is tuned 图 8 插入损耗随着加载电流的变化(a)调节上电极,(b)调节 下电极

For channel 1, the insertion loss decreases with the tuning current, when either the up-electrode or the downelectrode is tuned. However, for channel 2 the insertion loss always increases with the tuning current, no matter which electrode is tuned. Within the tuning range of 120 mA, the insertion loss of channel 1 changes from 3.32 dB to 2.87 dB, achieving the tuning range of 0.45 dB. Similarly the insertion loss of channel 2 changes from 2.65 dB to 3.06 dB, achieving the tuning range of 0.41 dB.

Although the tuning range of 0. 4 dB is small, it is sufficient in the application of AMZI. Generally, the arm length difference of AMZI is less than 100 mm. So the transmission loss difference of the two arms is less than 0. 35 dB. For the AMZI in this paper, the arm length difference of 150 ps delay is about 30 mm. The transmission loss difference of the two arms is less than 0. 11 dB under the current fabrication process. The fabricated AMZI is shown in Fig. 9. The size of this AMZI is 16. 8 mm×4. 6 mm. And its insertion loss is 2. 05 dB which is defined as the ratios of the input power coupled to the chip and the total output power of the two output ports. To test the performance, the AMZI is connected as Fig. 10. The input and output ports are connected as Fig. 1. The pulsed laser outputs light with pulse width 50 ps and frequency 500 MHz. The high-speed oscilloscope is operated at 33 GHz. The tuning electrode of the directional coupler is connected to a direct-current power supply. When a pulsed light is input to the AMZI, a pulse couple is exported at the output port due to the asymmetry of the two arms.



Fig. 9 The micrograph of the fabricated AMZI 图 9 制备的 AMZI 的显微镜照片



Fig. 10 The test block diagram of the pulse couple 图 10 脉冲对的测试框图

When no voltage is applied on the electrode, the pulse couple is shown in Fig. 11. The oscilloscope output of the first pulse is  $V_1(99.24 \text{ mV})$  and the second pulse is  $V_2(97.32\text{ mV})$ . The delay time between the first and the second pulse is measured as 151.4 ps. This value is approximately equal to the theoretical value, which is within the allowed error range. In order to compare the two pulses, we draw the curves of  $V_1/V_2$  versus the tuning current. It is obvious that the tuning effect is best when  $V_1/V_2 = 1$ . The first pulse is transmitted from the shorter arm in the AMZI and the second pulse is transmitted from the longer arm.

When different voltages are applied on the elec-



Fig. 11 The output pulse couple when no voltage is applied 图 11 当不加载电压时,输出的脉冲对

wave circuit

trodes of the directional coupler, the curves of  $V_1/V_2$  versus the tuning current are shown in Fig. 12. When the current on the up electrode is 60 mA, the two pulses achieve the most balanced state. The ratio of  $V_1/V_2$  is 1.009. When the current on the down electrode is 70 mA, the two pulses achieve the most balanced state. The ratio of  $V_1/V_2$  is 1.004. The balanced state is shown in Fig. 13.  $V_1$  and  $V_2$  are 102. 67 mV, 102. 22 mV, respectively. The results show that a tunable directional coupler can tune the splitting ratio between the longer and shorter arms in the AMZI effectively.



Fig. 12  $V_1/V_2$  versus the tuning current (a) the up-electrode is tuned, (b) the down-electrode is tuned 图 12  $V_1/V_2$  随着加载电流的变化(a)调节上电极,(b)调节下电极

#### 3 Conclusion

In summary, we have presented an AMZI which can output intensity-balanced pulse couple. The insertion



Fig. 13 The output pulse couple at the balanced state 图 13 输出的平衡脉冲对

loss is 2.05 dB. The delay time between the first and the second pulse is 151.4 ps. The power ratio of the pulse couple is highly close to one. Our device has shown a good tuning ability, thus presenting great potential to improve the visibility of quantum interference and reduce the QBER.

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